

Scots All Saints Menu Term 1 2020



Week 1 (Fresh Fruit is available all day)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST Variety of Cereals and Toast every morning	Grilled bacon & sautéed button mushrooms	Grilled Bacon & Egg muffins	Spaghetti, Roasted mushrooms & Roma tomatoes	Pancakes & Maple Syrup	Bake Beans & scramble Eggs	Beef Chipolatas	Hash Browns
MORNING TEA	Home-Made Melting moments	Fruit Salad cups	Cheese, ham & tomato toasties	Mini pies & sausage rolls	Café style fruit toast & fresh pineapple juice	Town Leave	Town Leave
LUNCH ASC CAMPUS	BEEF NACHOS *lettuce, cheese, tomato, sour-cream & guacamole	Puppies in blankets	CHICKEN, CHEESE & MAYO BURGERS	EAT GOOD FEEL WELL SALAD BAR	CHUNKY BEEF PIES-with peas & gravy		
LUNCH SCOTS CAMPUS	BEEF NACHOS *lettuce, cheese, tomato, sour-cream & guacamole	EAT GOOD FEEL WELL SALAD BAR	CHICKEN, CHEESE & MAYO BURGERS	EAT GOOD FEEL WELL SALAD BAR	CHUNKY BEEF PIES-with peas & gravy	PASTA CARBONARA	Mixed Toasted Sandwiches
DINNER	CURRY CHICKEN & RICE	Steak Dianne	Chicken Kiev	Spaghetti & Meatballs in a Fresh Basil & tomato sauce	Tempura Fish & Chips fresh lemon a& tartare sauce	Bangers & Mash	Lamb Roast of the day
VEGETABLES	Steamed peas, carrots, corn & zucchini	Mash potato, Carrots, Green Beans, yellow squash	Cauliflower & Broccoli mornay, Carrots, Corn & herb buttered Chats	Chips & medley steamed Vegetables	Salad Bar	Carrots, Green Bean, & yellow squash	Roasted Potato Pumpkin Steamed Peas Honey Carrots & Corn
DESERT	Apple Crumble & hot custard	Pineapple Jelly Cups	Fresh Fruit Platters	Vanilla/Caramel Mousse	Vanilla Drumsticks	Strawberry Short cheesecake	Ice Cream Cups with Toppings

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Week 2 (Fresh Fruit is available all day)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Variety of Cereals and Toast every morning	Waffles & Maple Syrup	Chicken & Thyme Chipolatas	Grilled Bacon & Bake Beans	Hash Browns	Warm buttered croissants	Porridge & Brown Sugar	Bacon and Scrambled Eggs
Morning Tea	Warm Banana Bread	Crumpets with Honey & Flavoured Milk	Cheese & Bacon Scroll	Mixed Berry Yogurt tubs	Home-Made Custard Tart	Town Leave	Town Leave
Lunch ASC Campus	Chilli Chicken Wraps	Sausage rolls & salad	Sweet & Sour Chicken & Rice	EAT GOOD FEEL WELL SALAD BAR	Steak & Onion Sandwiches with WEDGES		
Lunch Scots Campus	Chilli Chicken Wraps	EAT GOOD FEEL WELL SALAD BAR	Sweet & Sour Chicken & Rice	EAT GOOD FEEL WELL SALAD BAR	Seafood Basket Wedges & Salad Bar	Lamb Burger-lettuce, beetroot, cheese & tomato	Steak & Onion Sandwiches with salad
Dinner	Beef Rissoles with Onion jus	Chicken Chasseur & rice	Beef Stroganoff & Mash Potato	Grilled Pork Chops & apple sauce	Chicken Schnitzel chips & Gravy	Cheesy Tuna Bake	Roast Beef of the day
Vegetables	Wedges with Sour Cream & sweet chilli &	Broccoli, Butter Corn cob & roast pumpkin	Steamed carrots, broccoli, cauliflower & corn	Steamed honey carrot, buttered corn mash potato	Salad Bar	Steamed Corn, peas, carrot & zucchini	Roasted pumpkin, potato & sweet potato Cauliflower mornay & honey carrots
Desert	Salted Caramel Cake & fresh cream	Chocolate mousse	Warm Mini Muffins with Custard	Fresh Fruit Platters	Lamingtons	Trifle	Ice Cream Cups with Toppings



Week 3 (Fresh Fruit is available all day)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Variety of Cereals and Toast every morning	Zucchini, leek & fetta Frittata	Grilled bacon & Eggs	Pancakes & Maple Syrup	Grilled Bacon, sauté mushroom & roasted tomatoes	Chicken & thyme chipolatas	Bake Bean & eggs	Bacon and Scrambled Eggs
Morning Tea	Ham & Cheese toasties	Fruit Salad cups	Apple & Cinnamon Brioche & fresh apple juice	Warm Apple turn- overs	Mini pies & sausage rolls	Town Leave	Town Leave
Lunch ASC Campus	Ham & cheese croissants	Dim sims & Fried Rice	Spaghetti Bolognaise	EAT GOOD FEEL WELL SALAD BAR	Ham & Pineapple pizza		
Lunch Scots Campus	Spring Rolls & Fried Rice	EAT GOOD FEEL WELL SALAD BAR	Spaghetti Bolognaise	EAT GOOD FEEL WELL SALAD BAR	Ham & Pineapple pizza	Beef Burgers with lettuce, cheese & tomato	Savoury Mince Rolls
Dinner	Chicken Drummettes	Home-made Meatloaf	Grilled ¼ lamb chops & gravy	Curried Sausages & Rice	Chicken Schnitzel chips & Gravy	Mixed Grill	Pork Roast of the day
Vegetables	Creamy potato bake, steamed carrots peas & broccoli	Steamed zucchini, snow peas, corn, and broccoli	Roasted potato, pumpkin, carrot steamed peas & beans	Steamed cauliflower, beans, peas & corn	Salad Bar	Asian stir-fry vegetables	Roasted pumpkin, potato, sweet potato & carrot & buttered corn on the cob
Desert	Fresh fruit platters	Assorted Doughnuts	Port wine Jelly Cups	Yoghurt & Peaches	Chocolate mud cake & cream	Zooper-doopers	Ice Cream Cups with Toppings

Week 4 (Fresh Fruit is available all day)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Variety of Cereals and Toast every morning	Grilled Bacon & Bake Beans	French Toast	Tomato, egg, and bacon breakfast tart	Hash Browns	Porridge & brown sugar	Spaghetti & eggs	Bacon and Scrambled Eggs
Morning Tea	Pikelets with strawberry jam & fresh cream	Warm blueberry Banana Bread	Vanilla/Choc Dot cookie	Mini pies & sausage rolls	Granola, Fruit & Vanilla yogurt cups	Town Leave	Town Leave
Lunch ASC Campus	Meatball Subway with assorted fillings	Pasta carbonara	Home Made Shepherd's Pie	EAT GOOD FEEL WELL SALAD BAR	Lamb Kebabs with fried Rice		
Lunch Scots Campus	Meatball Subway with assorted fillings	EAT GOOD FEEL WELL SALAD BAR	Home Made Shepherd's Pie	EAT GOOD FEEL WELL SALAD BAR	Lamb Kebabs with fried Rice	Sausage sizzle with grilled onion and bacon	Fish & chips with tarte sauce & lemon wedges
Dinner	Chicken parmigiana	Theme Night-Asian Infused	T-BONE Steaks & gravy	Whole chicken breast-stuffed with ricotta & bacon	Crumbed Steak & Gravy	Honey Soy & Chicken Kebabs	Corned Silverside with White Sauce
Vegetables	Chips, Salad & Garlic Bread	Themed Vegetables	Baked Sweet Potato, Green Beans & peas	Peas, beans, carrots, and zucchini	Mash potato steamed peas, squash, zucchini & corn	Home Made Fried Rice & steamed carrots & peas	Broccoli, Cauliflower, Honey Carrots
Desert	Strawberry Mousse cups	Mixed flavoured paddle pops	Raspberry jelly cups	Fresh fruit platters	Milo ice-cream cups	Zooper-doopers	Ice Cream Cups with Toppings