



SCOTS ALL SAINTS
COLLEGE

Referring to a psychologist in the community

1. We recommend you talk to your local GP first, they can make referrals and discuss your eligibility for a Mental Health Care Plan and Medicare rebates.
2. To see a Psychologist face-to-face, some local psychology services include:
 - a. Headspace Bathurst
 - b. Psychological Services
 - c. CAMHS
3. Alternatively, you can look online for a Psychologist who can provide Telehealth services, these are sessions conducted over video and/or telephone and can be done by a Psychologist who is located anywhere in Australia
 - a. Australian Psychological Society [directory](#)
 - b. Psychology Today [directory](#)

For more information on Medicare and Mental Health Care Plans, click [here](#)

For more information on Telehealth services, please click [here](#).

Campus East (Scots)

Senior School, Boarding (Years 9–12)
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